

Our Beer

The brewery and taproom are located at the back of the beer garden. Come and see where the magic happens

HARBWR

— TAP & KITCHEN —

Gift Shop

We have a range of our bottles, gift packs, merch, plus some select local rums & gins available to take home. Find it down the lane.

Starters & Sharers

Bread & Olives (ve)	6.50	Soup of the Day	6.50
<i>Rustic bread, olives with oil & balsamic</i>		<i>Served with rustic bread & butter</i>	
Halloumi Fries	7.50	Breaded Brie	7.00
<i>Deep fried halloumi with sweet chilli mayo</i>		<i>Panko breaded Brie with onion chutney</i>	
Tempura Battered Prawns	7.00	Whitebait	7.00
<i>Served with sweet chilli sauce</i>		<i>Served with homemade tartar sauce</i>	
Salt & Pepper Squid	7.00	Southern Fried Chicken Tenders	7.50
<i>Lightly coated squid with sweet chilli mayo</i>		<i>Crispy fried chicken served with BBQ sauce</i>	

Steaks & Grill

283g Local Welsh Sirloin , with seasoned rustic chips, grilled tomato, mushroom (gfa)	25.00
226g Local Welsh Rump , with seasoned rustic chips, grilled tomato, mushroom (gfa)	19.00
Peppered Pork Loins , with seasoned rustic chips & salad garnish	17.00
283g Pembrokeshire Gammon , with pineapple, free range egg & seasoned rustic chips (gfa)	16.50
Grilled Chicken , with seasoned rustic chips, salad garnish & coleslaw – Choice of Cajun / garlic & herb / BBQ or Simply Grilled	15.50
Beer Braised BBQ Pork Ribs , Lovingly slow cooked in HARBWR Ale, served with seasoned rustic chips & coleslaw	21.00
BBQ Chicken & Rib Combo , Grilled chicken breast, half rack ribs, seasoned rustic chips & coleslaw	22.00

Sides...

Peppercorn Sauce 3.00 / Onion Rings 3.50 / Side Salad 3.50 / Coleslaw 2.50
Garlic Bread 4.00 / Cheesy Garlic Bread 5.00 / Mac & Cheese 5.00

... Classics ...

HARBWR Fish Pie	19.50
<i>Fresh chunks of mixed cuts, prawns in a creamy sauce, topped with cheesy mash, with salad garnish & rustic bread</i>	
HARBWR Beer Battered Cod	15.00
<i>Finest Atlantic cod fillet with chips, peas, tartar sauce</i>	
Breaded Wholetail Scampi	14.50
<i>Finest whole scampi with chips, salad garnish, tartar sauce</i>	
Welsh Steak & HARBWR Ale Pie	14.50
<i>Homemade pie with puff pastry, chips, peas</i>	
Chilli Con Carne (gf)	14.50
<i>Homemade beef chilli with rice, salad & tortilla chips</i>	
Penang Vegetable Curry (ve) (gfa)	14.00
<i>Aromatic coconut based curry with rice & beetroot flatbread</i>	
Three Bean Smokey Chilli (ve) (gf)	14.00
<i>With rice, salad & tortilla corn chips</i>	

Kitchen Open From Midday

Our food is prepared fresh to order.
During peak times there may be delays. Please bear with us.
Many thanks for your support

... Burgers ...

All served in a brioche bun with seasoned rustic chips

The HARBWR Signature Burger	15.00
<i>Double stacked 100g steak burger with cheeses, gherkins and house sauce. Ooosh!</i>	
Marinated Chicken Burger	15.50
<i>Choice of Cajun / Garlic & Herb / BBQ</i>	
Hake Burger	19.00
<i>Fillet of fresh Hake with samphire in a seaweed butter</i>	
Mushroom & Beetroot Burger	14.00
<i>Delicious vegan patty with gourmet relish. Vegan bun available on request.</i>	

Pimp your burger with:

Cheese 1.00 / Bacon 1.00 / Onion Rings 3.50

Fresh Fish

Sea Bass	18.00 / 22.00
<i>Choice of one or two fillets</i>	
Hake	19.00
<i>All of our freshly caught fish is served with buttered Pembrokeshire new potatoes & seasonal steamed greens.</i>	

See our specials or ask a server for what other catches are available today

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Light Bites

... Sandwiches ...

Available 12 - 5pm.

All served on white rustic bread

Ham and or Cheddar	6.50
Tuna Mayo & Cucumber	7.00
Local Sausage & Red Onion Chutney	7.00
Homemade Fish Finger & Tartar	7.50
Prawns with Marie Rose	7.50

... Salads ...

Ploughman's Lunch Available 12 - 5pm	12.00
Mature Welsh cheddar or ham, or both, house salad, pickles & rustic bread.	
Prawns Salad	14.00
Juicy Atlantic prawns served with Marie Rose sauce, house salad & rustic bread	

Children's Menu

Sausages , copper hogg, local butchers pork sausages served with chips or buttered new potatoes	6.50
Fish , fresh beer battered cod served with chips or buttered new potatoes	7.50
Chicken , battered nuggets of chicken breast, served with chips or buttered new potatoes	6.50
Add Peas or beans for 50p	
Beef Burger , 100g steak burger from copper hogg butchers, served a soft brioche bun	7.00
Pasta , creamy mac & cheese served with garlic bread	7.00

... Sides ...

Mac & Cheese	5.00
Rustic Chips	3.00
Cheesy Rustic Chips	4.00
Garlic Bread	4.00
Cheesy Garlic Bread	5.00
Homemade Onion Rings	3.50
Rustic Bread & Butter	2.50
Side Salad (gf)	3.50
Coleslaw (gf)	2.50
Butter & Herb New Potatoes (gf)	2.50
Seasonal Greens (gf)	2.50

Sharing is Caring...

Bread & Olives	6.50
Halloumi Fries	7.50
Tempura Prawns	7.00
Salt & Pepper Squid	7.00
Whitebait	7.00
Southern Fried Chicken Tenders	7.50

Desserts

From old favorites like Sticky Toffee Pudding to the classic Cheesecake, we have a daily selection of sweet treats available. Just ask a server for today's options.

... Hot Drinks ...

Lovingly made from our barista machine

Pot of Tea English Breakfast, Earl Grey, Peppermint, Green	2.80
Hot Chocolate	3.50
Espresso	2.00 / 3.60
Americano With or without milk	3.20
Latte	3.40
Cappuccino	3.40
Flat White	3.40
Add a syrup shot for 50p – Vanilla, Hazelnut or Caramel	
Barti Rum Hot Chocolate	7.00
Liquor Coffee	6.80
Whiskey, Brandy, Tia Maria, Malibu, Merlyn Cream	

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR DIETRY REQUIREMENTS BEFORE ORDERING YOUR MEAL.
(GF) – GLUTEN FREE FRIENDLY – (GFA) – GLUTEN FREE FRIENDLY OPTION AVAILABLE – (V) – VEGETARIAN FRIENDLY – (VE) – VEGAN FRIENDLY – (VEA) VEGAN VERSION AVAILABLE
ALTHOUGH WE STRIVE TO KEEP OUR FRIERS SEPARATE FOR (GF) WE CANNOT GARANTEE 100% TRACE FREE OF GLUTEN ON ITEMS COOKED IN OUR FRIERS.
WE USE RAPESEED OIL IN OUR FRIERS.